



Wednesday 14 March 2018

Dear Parents and Carers,

I am writing to notify you of a confirmed case of Scarlet Fever at Concordia Academy. I have included the government advice having spoken to Public Health England today.

Symptoms of scarlet fever develop within a week of being infected. Early signs include a sore throat, a headache, a high temperature (38.3C/101F or above), swollen glands in the neck and being sick. This may be followed by a rash on the body, a red face and a white or red tongue.

See your GP or call NHS 111 as soon as possible if:

- you think your child has scarlet fever
- you have symptoms of scarlet fever
- you or your child have been treated for scarlet fever but the symptoms haven't improved after a week or are getting worse

Treatment with antibiotics is recommended to reduce the length of time the infection is contagious, speed up recovery and reduce the risk of any further problems. Your GP can usually diagnose scarlet fever by looking at the rash. Sometimes they may use a cotton bud to remove a bit of saliva from the throat so it can be tested. Your GP will prescribe antibiotic tablets (or liquid for young children) to take for five or 10 days. You or your child should start feeling better after a day or two, but make sure you finish the whole course of treatment.

While taking antibiotics:

- rest and drink plenty of fluids
- take paracetamol or ibuprofen if you're uncomfortable or have high temperature (don't give aspirin to children under 16)
- try to avoid spreading the infection Scarlet fever usually clears up within a week, although the skin may peel for a few weeks after the other symptoms have passed.

The infection is contagious from before the symptoms appear, until:

- 24 hours after starting antibiotic treatment



CONCORDIA
ACADEMY



- up to two or three weeks later if you don't take antibiotics

Please do assist us in keeping everyone safe by following this guidance. Thank you for your continued support.

Yours sincerely

Raheel Akhtar

Headteacher

School contact number: 01708 932 710

School email: info@concordiaacademy.co.uk