



WEEK 1

Fruit, yoghurts, cheese and crackers available daily!



Week Commencing: 16/04/2018, 07/05/2018, 04/06/2018, 25/06/2018, 16/07/2018, 17/09/2018, 08/10/2018

Monday

Pork Sausages with Mash Potato
Tuna Salad Baguette
Quorn & Tomato Pasta
Peas
Organic Carrot
Fresh Fruit Platter & Yoghurt

Tuesday

Marinated Chicken Tikka with Rice
Cheesy Tomato Pasta Pot
Sticky Quorn Sausages with Potato Wedges
Broccoli
Sweetcorn
Fresh Fruit Platter & Yoghurt

Wednesday

Roast Turkey
Topped Jacket Potatoes
Vegetable Finger Roast Dinner
Cauliflower
Organic Carrots
Fresh Fruit Platter & Yoghurt

Thursday

Chicken Fajita with Vegetable Rice
Ham Salad Baguette
Vegetable Pizza Pinwheels
Corn on the Cob
Green Beans
Fresh Fruit Platter & Yoghurt

Friday

Cod with Parsley Sauce with New Potatoes
Cheesy Tomato Pasta Pot
Sweet Potato Korma with Rice
Peas
Cauliflower
Fresh Fruit Platter & Yoghurt



WEEK 2

Week Commencing:

Monday

Beef Burger with Sweet Potato Wedges
Cheesy Tomato Pasta Pot
Vegetable Burger with Sweet Potato Wedges
Corn on the Cob
Peas
Fresh Fruit Platter & Yoghurt

Tuesday

BBQ Chicken with Rice
Egg, Cress & Tomato Baguette
Quorn Bolognese
Broccoli
Cauliflower
Fresh Fruit Platter & Yoghurt

Wednesday

Roast Chicken Dinner
Topped Jacket Potato
Roast Quorn Fillet Dinner
Cabbage
Organic Carrots
Fresh Fruit Platter & Yoghurt

Thursday

Mediterranean Cod with Pasta
Tuna Salad Baguette
Vegetable Pizza Pinwheel
Sweetcorn
Roasted Vegetables
Fresh Fruit Platter & Yoghurt

Friday

Rosemary & Red Onion Sausages with Rice & Riatta
Topped Jacket Potato
Cheesy Stack Wrap with Rice
Swede & Carrot Mash
Mixed Vegetables
Fresh Fruit Platter & Yoghurt

Unlimited salad & vegetables!



WEEK 3

Week Commencing: 30/04/2018, 21/05/2018, 18/06/2018, 09/07/2018, 10/09/2018, 01/10/2018

Monday

Beef Moussaka
Cheesy Tomato Pasta Pot
Vegetable Moussaka
Cauliflower
Green Beans
Fresh Fruit Platter & Yoghurt

Tuesday

Sticky Chicken with Diced Potatoes
Topped Jacket Potato
Vegetable Macaroni Cheese
Broccoli
Spring Greens
Fresh Fruit Platter & Yoghurt

Wednesday

Roast Turkey Dinner
Cheesy Tomato Pasta Pot
Vegetarian Sausage Roll Dinner
Organic Carrots
Roasted Parsnips
Fresh Fruit Platter & Yoghurt

Thursday

Breaded Chicken Strips with Wedges
Ham Salad Baguette
Quorn Sausage Paella
Sweetcorn
Mixed Vegetables
Fresh Fruit Platter & Yoghurt

Friday

Lemon Crumb Salmon with Rice
Topped Jacket Potato
Vegetable Pizza Pinwheel
Peas
Cauliflower
Fresh Fruit Platter & Yoghurt

