



RSE

21st September 2021

PSHCE

Personal, Social, Health, Citizenship Education



PSHCE / SMSC / RSE

Spiritual



Moral



Social



Cultural



WHY IS PSHE IMPORTANT?

PSHE education helps children and young people to stay **safe, healthy** and **prepared** for life's challenges and opportunities (PSHE Association, 2021). PSHE has been shown to benefit pupils, schools and parents in supporting children and having a trusting environment to share discussions.

BACKGROUND INFORMATION

Parents* are an important source of learning about relationships & sex.

Most parents feel they should have a role as relationships & sex educators, and research suggests that approximately 50% of parents feel confident to do so.

Many parents report that they would like to feel able to discuss relationships & sex with their child.

The majority (over 85%) of parents support the teaching of relationships and sex education.

Approximately 6% of parents feel that relationships and sex education should be taught only at school, and approximately 6% of parents feel that it should be addressed only in the home.

RSE

We understand that pupils must be provided with an education that prepares them for the opportunities, responsibilities and experiences of adult life.

A key part of this relates to relationships and health education, which must be delivered to every primary-aged pupil. Although not statutory to deliver sex education outside of the science curriculum at primary level, the DfE recommends that all primary schools should have a sex education programme in place, which we are in agreement with and have included in our curriculum.

We understand our responsibility to deliver a high-quality, age-appropriate and evidence-based relationships, health and sex curriculum for all our pupils. This policy sets out the framework for our relationships, health and sex curriculum, providing clarity on how it is informed, organised and delivered.

RSE POLICY

Our policy can be found on the website and details our responsibility to deliver a high-quality, age-appropriate and evidence-based relationships, health and sex curriculum for all our pupils.



Relationships, health and sex education policy

Audience:	Parents, school staff, Local Governing Bodies and Trustees
Approved:	Trust Board – September 2019 Local Governing Body – January 2020
Other related policies:	Safeguarding and Child Protection
Policy owner:	Helen Beattie, Head of Safeguarding
Review:	2 yearly, or more frequently if legal or statutory frameworks change
Version number:	

RSE POLICY

Our policy can be found on the website and details our responsibility to deliver a high-quality, age-appropriate and evidence-based relationships, health and sex curriculum for all our pupils.

- Sex education

The primary curriculum for Science includes relevant content related to sex education, which is a statutory requirement for schools to deliver. In brief, this teaches pupils about: the main external body parts, the human body as it grows from birth to old age (including puberty), and reproduction in some plants and animals.

Sex education beyond these elements of the Science curriculum is non-statutory for primary schools, so there is not a prescribed programme of study that schools must follow.

OUR RESPONSIBILITIES

Class teachers will:

- Deliver a high-quality and age-appropriate curriculum in line with statutory requirements
- Use a variety of teaching methods and resources to provide an engaging curriculum that meets the needs of all pupils
- Ensure they do not express personal views or beliefs when delivering the programme
- Model positive attitudes to relationships, health and sex education.
- Respond to any safeguarding concerns in line with the Safeguarding and Child Protection policy
- Act in accordance with planning, monitoring and assessment requirements for the subjects
- Liaise with the SENDCo to identify and respond to individual needs of pupils with SEND
- Work with the Senior Leadership Team and curriculum leaders to evaluate the quality of provision

GROUND RULES

Before doing any activity with RSE outcomes, children and staff set and agree ground rules. These ground rules should aim to ensure that all the children are able to access their basic human rights:

- To be able to learn;
- To feel and be safe;
- To feel and be respected.

Before the lessons take place, time will be given for the pupils to think of what rules they must follow to ensure these rights are met.

Discussing sensitive subjects with their peers in a safe and respectful environment develops maturity and mutual respect.

PARENTS/CARERS WILL:

- Support school staff to shape the curriculum for relationships, health and sex education
- Communicate openly and constructively with school staff regarding relationships, health and sex education
- Attend, or contribute to, any consultation or information sessions regarding the delivery of relationships, health and sex education
- As per the DfE statutory guidance, parents and carers have the right to request that their child be withdrawn from all or part of the non-statutory sex education curriculum. Any requests to be withdrawn from non-statutory sex education must be made in writing to the Headteacher at the earliest opportunity.

PARENTAL RIGHT TO WITHDRAW

Parents have the right to request that their child is withdrawn from any sex education that is further to the sex education contained within the National Curriculum for Science.

Parents cannot withdraw their child from learning contained within statutory Health Education or Relationships Education.



CURRICULUM COVERAGE

Along with the curriculum letter, you will have been sent a summary of the yearly overview for your child's RSE. Along with the lesson plans, the yearly summary can also be found on our website.