

<p><b>Learning Objective:</b> To understand how to keep myself safe</p>	<p>Learning Outcomes:</p> <ul style="list-style-type: none"> <li>To introduce what first aid is and how it is used in school</li> <li>To understand what to do with bites and stings</li> <li>To know what to do in an emergency</li> <li>To reflect on the importance of hygiene and personal safety</li> </ul> <p>Thinking Skills</p> <ul style="list-style-type: none"> <li>Identify big ideas in a stimulus and ask questions related to these</li> <li>Support and build on the ideas of others</li> <li>Keep focussed on the matter at hand</li> <li>Explain how ideas are linked</li> <li>Explore a range of different possibilities</li> </ul> <p><b>KS2 Statutory and Recommended First Aid Pathway</b></p> <p>The Department for Education recommends that pupils at KS2 should know:</p> <ul style="list-style-type: none"> <li>How to make a clear and efficient call to emergency services</li> <li>Concepts of basic first aid e.g. dealing with common injuries, including head injuries.</li> </ul> <p>Follow the map of health agenda recommendations on giving your pupils a sound knowledge of first aid.</p> <p>"Children and young people are growing up in an increasingly complex world... they need to know how to be safe and healthy." (Secretary of State, Dept for Ed, Health Ed guidance Feb 2019)</p> <p>"Pupils can support their own and others' health and wellbeing, including basic first aid." (Dept for Ed, Feb 2019)</p> <p>St John Ambulance</p>
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Suggested Lessons	Aims of Sessions:	Content:
	<p><b>Recap of prior learning:</b></p>	
<p><b>1</b></p>	<ul style="list-style-type: none"> <li>That things people put into or onto their bodies can affect how they feel</li> <li>How medicines (including vaccinations and immunisations) can help people stay healthy and that some people need to take medicines every day to stay healthy</li> <li>Why hygiene is important and how simple routines can stop germs from being passed on</li> </ul>	<p>L.O. To introduce what first aid is and how it is used in school</p> <p>Skills Focus: Keep focussed on the matter at hand</p> <p>Recap: What is medicine? What is it used for? What do we need to be careful about when taking medicines? (Asking an adult, taking the right amount, not trying anything that they are unsure about)</p> <p>Ask children what they think first aid means and when /why it is used</p> <p>What happens when someone is hurt in school? Whom do you go to? What would we need to do? Whom would we go to?</p> <p>Present the children with different scenarios where children have been injured i.e. cuts/bruises. What would they do? Where would they go?</p> <p>Children to create a poster to explain the first aid procedure at school</p>

<p><b>2&amp;3</b></p>	<ul style="list-style-type: none"> <li>• How medicines (including vaccinations and immunisations) can help people stay healthy and that some people need to take medicines every day to stay healthy</li> <li>• Why hygiene is important and how simple routines can stop germs from being passed on</li> </ul>	<p>L.O. To understand what to do with bites and stings</p> <p>Skills Focus: Keep focussed on the matter at hand</p> <p><a href="https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/ks2-bites-and-stings-first-aid-lesson-plan-and-teaching-resources/">https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/ks2-bites-and-stings-first-aid-lesson-plan-and-teaching-resources/</a></p> <p>Follow the above link to St Johns Ambulance resources on bites and stings for KS2.</p>
<p><b>4&amp;5</b></p>	<ul style="list-style-type: none"> <li>• How to raise the alarm if there is an accident and someone is hurt, including dialling 999 and what to say</li> </ul>	<p>L.O. To know what to do in an emergency</p> <p>Skills Focus: Keep focussed on the matter at hand</p> <p><a href="https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/ks2-calling-for-help-lesson-plan-and-teaching-resources/">https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/ks2-calling-for-help-lesson-plan-and-teaching-resources/</a></p> <p>Follow above link for lesson on what to do in an emergency- this lesson covers the elements below:</p> <p>CONSIDER possible injury to skin, bone, muscle or joint. Casualty is alert and responsive but in pain and it is going to be difficult to move him from scene. He is also cold.</p> <p>HAZARDS: Bike is a trip hazard ACTIONS COULD INCLUDE:</p> <ul style="list-style-type: none"> <li>➤ Removing bike from area to make safe</li> <li>➤ First aid to wound</li> <li>➤ Reassure casualty</li> <li>➤ Keep casualty warm</li> <li>➤ Call for help to assist</li> <li>➤ Call 999/112 for ambulance</li> </ul> <p>What potential hazards are there in the classroom etc.?</p>
<p><b>6</b></p>	<ul style="list-style-type: none"> <li>• How specific rules and restrictions help them to keep safe.</li> <li>• Why hygiene is important and how simple routines can stop germs from being passed on</li> </ul>	<p>L.O. To reflect on the importance of hygiene and personal safety</p> <p>Skills Focus: Keep focussed on the matter at hand Explain how ideas are linked Explore a range of different possibilities</p> <p>Reflecting on current times, what do we need to wear in terms of protective clothing to ensure we are keeping safe? What do we need to do to ensure that we are protecting ourselves and remaining hygienic? Class discussion.</p> <p>Children have iPad/laptops to play the following game, reviewing what they have learnt in the unit- <a href="https://rescuerun.sja.org.uk/">https://rescuerun.sja.org.uk/</a></p>

<p><b>Evidence for assessment will be from:</b></p>	<ul style="list-style-type: none"> <li>• How everyday health and hygiene rules and routines help people stay safe and healthy</li> <li>• How to react and respond if there is an accident and how to deal with minor injuries e.g. bites and stings</li> <li>• What to do in an emergency, including calling for help and speaking to the emergency services</li> <li>• How to recognise hazards that could cause themselves (or others) harm and how to reduce them</li> <li>• Understand how equipment and clothing can help keep you protected and safe</li> </ul>
<p><b>Resources needed for project:</b></p>	<p><a href="https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/ks2-bites-and-stings-first-aid-lesson-plan-and-teaching-resources/">https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/ks2-bites-and-stings-first-aid-lesson-plan-and-teaching-resources/</a></p> <p><a href="https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/ks2-calling-for-help-lesson-plan-and-teaching-resources/">https://www.sja.org.uk/get-advice/key-stage-first-aid-lesson-plans/key-stage-2-first-aid-lesson-plans/ks2-calling-for-help-lesson-plan-and-teaching-resources/</a></p> <p><a href="https://rescuerun.sja.org.uk/">https://rescuerun.sja.org.uk/</a></p>
<p><b>Challenge:</b> All tasks are accessible but there is room for stretch or solo taxonomy.</p> <p><b>SEND:</b></p>	<p>To get the children to think about why we need to learn these skills. How can they apply to our future lives?</p> <p>Provide word maps to support</p>