



CONCORDIA
ACADEMY

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Friday, 03 September 2021

Dear Parent/Carer,

RE: Banning nut-based and banana-based products from school

We have children on site who have severe nut allergies and a child who suffers from a severe banana allergy. The children's anaphylaxis (allergic reaction) can occur as a result of digestion, inhalation or any other contact with nut-based or banana-based products. For their safety, all nut-based and banana-based products have been banned from the school premises.

From this point forward, please do not send your child into school with any nut-based or banana-based product for a snack or packed lunch – this includes products that may contain traces of bananas or nuts. Potential allergens could include the following:

- Spreads
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing banana or nuts
- Some snack pots containing nuts or banana flavouring

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain bananas, nuts or traces of nuts.

We also ask that, if your child consumes any nut-based or banana-based product before school, they wash their hands thoroughly and rinse their mouth with a cup of water before leaving for school in the morning. We understand that these measures may seem extreme; however, we want to ensure the health and safety of all our children. For some children, an allergy is so severe that even the slightest of contact with an allergic product would cause a severe and potentially life-threatening reaction.

If any child is found with a nut-based or banana-based product, the school will have to confiscate and dispose of the item immediately.

Thank you in advance for your cooperation with this matter. Please do let us know if you have any questions.

Yours sincerely

Raheel Akhtar
Headteacher



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