CONCORDIA ACADEMY
Union Road, Romford, RM7 0HG
School contact number: 01708 932710
School email: info@concordiaacademy.co.uk

Wednesday, 15 September 2021

Dear Parents/Carers,

PSHE and RSE

As a part of your child's education at Concordia Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the course of this academic year, your child's class will be taking part in some lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

Lessons will include pupils learning about: Healthy relationships, including friendships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will also have opportunities to ask questions.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum.

https://concordiaacademy.co.uk/curriculum/phse/

All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values. We would like to invite you to attend a parent information meeting on Tuesday 21 September via Zoom to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home.

The Y3/Y4/Y5 information session will take place from 2.20pm until 2.50pm. Please use the following details to join the meeting:

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https://reach2.zoom.us/j/98208904564

Meeting ID: 982 0890 4564

Passcode: 865304

If you would like to find out more or discuss any concerns, we would urge you to attend the information meeting and look forward to seeing you there.

Yours sincerely,

Mrs M Brooks
PSHE Lead