

MON

TUE

WED

THU

FRI

w/c 21/04/2025, 12/05/2025,
09/06/2025, 30/06/2025,
21/07/2025, 15/09/2025,
06/10/2025

WEEK 1

CHOOSE FROM

Mac ‘N’ Cheese (V)

Jacket Potato with Beans(VE), Cheese (V) or Tuna Mayo

Crispy Chicken in a Bun with Potato Wedges (H)

SIDES

Salad Bar
Broccoli

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Oven Baked Cutlet with Herby Diced Potatoes (VE) FDA

Cheesy Tomato Pasta (V)

BBQ Chicken with Herby Diced Potatoes (H) FDA

SIDES

Salad Bar
Green Beans & Cauliflower

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Sausage Roll with Potato Wedges (VE)

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

Lamb filled Naan with Mint Mayo, Salad & 50/50 Rice (H)

SIDES

Salad Bar
Peas

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Mince & Bel-Pepper Empanada with Potato Dippers (VE)

Jacket Potato with Beans(VE), Cheese(V) or Beans & Cheese (V)

Margherita Pizza with Potato Dippers (V)

SIDES

Salad Bar
Broccoli & Carrots

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Quorn Sausages with Oven baked Chips (VE)

Cheesy Tomato Pasta (V)

Breaded Fish Fingers with Oven Baked Chips

SIDES

Salad Bar
Peas & Sweetcorn

DESSERTS

Seasonal Fruit Platter (VE) or Fruit Jelly (VE)

w/c 28/04/2025, 19/05/2025,
16/06/2025, 07/07/2025,
01/09/2025, 22/09/2025, 13/10/25

WEEK 2

CHOOSE FROM

Golden Dippers with Potato Wedges (VE)

Cheesy Tomato Pasta (V)

Potato & Cheese Puff with Wedges (V)

SIDES

Salad Bar
Broccoli

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Meatballs in a Rustic Tomato Sauce with 50/50 Rice (VE) FDA

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

Sticky Chicken with 50/50 Rice (H) FDA

SIDES

Salad Bar
Carrots & Green Beans

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Sausage Roll with Potato Dippers (VE)

Jacket Potato with Beans(VE), Cheese(V) or Tuna Mayo

Spaghetti Bolognese (H)

SIDES

Salad Bar
Peas & Sweetcorn

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Vegetable Biryani (VE)

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

British Pork Sausage with Mash & Gravy

SIDES

Salad Bar
Broccoli & Cauliflower

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Loaded Chips topped with Vegetable Keralan Curry (VE)

Hot Cheesy Wrap Stack with Oven Baked Chips (V)

Breaded Fish Fingers with Oven Baked Chips

SIDES

Salad Bar
Peas

DESSERTS

Seasonal Fruit Platter (VE) or Cheese & Crackers (V)

w/c 05/05/2025, 02/06/2025,
23/06/2025, 14/07/2025,
08/09/2025, 29/09/2025,
20/10/25.

WEEK 3

CHOOSE FROM

Burger in a Bun with Wedges (VE)

Salmon Tortelloni in a Tomato Sauce

Beef Burger in a Bun with Wedges (H)

SIDES

Salad Bar
Sweetcorn & Peas

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Mince & Onion Puff with Roast Potatoes (VE)

Cheesy Tomato Pasta (V)

Roasted Lemon & Herb Chicken with Roast Potatoes (H)

SIDES

Salad Bar
Carrots & Cauliflower

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Tomato and Pesto Pasta (VE) FDA

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

Keralan Chicken Curry with 50/50 Rice (H) FDA

SIDES

Salad Bar
Broccoli

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Crispy Vegetable Fingers with Potato Dippers (VE)

Jacket Potato with Beans(VE), Cheese(V) or Beans & Cheese (V)

Margherita Pizza with Potato Dippers (V)

SIDES

Salad Bar
Peas

DESSERTS

Seasonal Fruit Platter (VE)

CHOOSE FROM

Mexican Style Burrito with Oven Baked Chips (VE)

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

Breaded Fish Fingers with Oven Baked Chips

SIDES

Salad Bar
Baked Beans

DESSERTS

Seasonal Fruit Platter (VE) or Iced Fruit Smoothie (VE)

Key:
(V) Suitable for Vegetarian
(VE) Suitable for Vegans
(H) Suitable for Halal

FDA Free from the 14
declarable allergens



Baguette Fillings:
Ham, Cheese (V)
or Tuna Mayo



Scan QR code
for nutritional
information

MAYOR'S MEALS
FREE School Meals for all Key
Stage 1 and Key Stage 2 pupils

schoolcatering@havering.gov.uk



@delish_byHES

@hescatering.org.uk (Bluesky)

